

# HEALTHY

Each student enters school healthy and learns about and practices a healthy lifestyle.

## INDICATOR

## COMPONENT

**OUR** school culture supports and reinforces the health and well-being of each student.

- ✓ **School Climate & Culture**
- Curriculum & Instruction
- Community & Family
- Leadership
- PD & Capacity
- Assessment

# 1

## INDICATOR

## COMPONENT

**OUR** school health education curriculum and instruction support and reinforce the health and well-being of each student by addressing the physical, mental, emotional, and social dimensions of health.

- School Climate & Culture
- ✓ **Curriculum & Instruction**
- Community & Family
- Leadership
- PD & Capacity
- Assessment

# 2

**OUR** school physical education schedule, curriculum, and instruction support and reinforce the health and well-being of each student by addressing lifetime fitness knowledge, attitudes, behaviors, and skills.

- ✓ **School Climate & Culture**
- ✓ **Curriculum & Instruction**
- Community & Family
- Leadership
- PD & Capacity
- Assessment

# 3

**OUR** school facility and environment support and reinforce the health and well-being of each student and staff member.

- ✓ **School Climate & Culture**
- Curriculum & Instruction
- Community & Family
- Leadership
- PD & Capacity
- Assessment

# 4

**OUR** school addresses the health and well-being of each staff member.

- ✓ **School Climate & Culture**
- Curriculum & Instruction
- Community & Family
- Leadership
- PD & Capacity
- Assessment

# 5

**OUR** school collaborates with parents and the local community to promote the health and well-being of each student.

- School Climate & Culture
- Curriculum & Instruction
- ✓ **Community & Family**
- Leadership
- PD & Capacity
- Assessment

# 6

**OUR** school integrates health and well-being into the school's ongoing activities, professional development, curriculum, and assessment practices.

- ✓ **School Climate & Culture**
- ✓ **Curriculum & Instruction**
- Community & Family
- ✓ **Leadership**
- ✓ **PD & Capacity**
- ✓ **Assessment**

# 7

**OUR** school sets realistic goals for student and staff health that are built on accurate data and sound science.

- School Climate & Culture
- Curriculum & Instruction
- Community & Family
- ✓ **Leadership**
- PD & Capacity
- ✓ **Assessment**

# 8

**OUR** school facilitates student and staff access to health, mental health, and dental services.

- ✓ **School Climate & Culture**
- Curriculum & Instruction
- ✓ **Community & Family**
- Leadership
- PD & Capacity
- Assessment

# 9

**OUR** school supports, promotes, and reinforces healthy eating patterns and food safety in routine food services and special programming and events for students and staff.

- ✓ **School Climate & Culture**
- ✓ **Curriculum & Instruction**
- Community & Family
- Leadership
- PD & Capacity
- Assessment

# 10